

# *Targ Mobile Anesthesia*

906 El Cajon Way, Palo Alto, CA 94303  
Mobile Phone: (650) 814-3025 Fax: (650) 856-7909

## **An Introduction to My Dental Anesthesia Practice**

The fear of pain, the sound of drilling, and separation from parents make many children anxious when they go to a dentist's office. Dentists often use nitrous oxide or moderately sedating drinks to ease children's worries, so they can cooperate.

Despite this, some children still will not tolerate any dental procedures. In addition, extensive work requires children to remain calm and still for impossibly long amounts of time. For these children, I come to the dental office and provide a deeper level of sedation, eliminating all fears and ensuring that anxious children will cooperate and allow the dentist to complete dental care safely and efficiently.

Deep sedation in healthy patients is very safe when performed by a physician who is an experienced and board certified anesthesiologist. Because I specialize in the care of babies and small children, I extend this safety to the very youngest patients.

I use state of the art monitoring to ensure your child is asleep, comfortable, and safe during the whole procedure and to minimize the time your child is asleep and the time it takes to fully awaken.

For your child's procedure, I will provide anesthesia using the highest quality equipment in a precise, safe manner. By avoiding expensive hospital facility fees, you may save thousands of dollars compared to what you would pay to have the same procedure at a hospital.

The California Dental Board tightly regulates who may provide dental anesthesia and enforces detailed, stringent standards stating what special anesthesia equipment and drugs must be present. I always surpass these standards and use the most advanced, compact, hospital grade equipment and monitors.

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## **Parents' Common Concerns about Oral Sedation by a Dentist**

- ◆ If the dentist gives your child oral sedation and your child has trouble breathing, the dentist may lack the experience to detect the emergency situation early and start resuscitation before it is too late.
- ◆ You will need to repeatedly take time off from work.
- ◆ Your child may be unable to cooperate and may spit out or refuse to take the oral medication.
- ◆ You will need to take your child out of school several times.
- ◆ If your child becomes anxious or agitated, it will be extremely difficult to bring him/her back for a subsequent visit.
- ◆ There is no guarantee your child will be sedated enough for the procedure to be completed.
- ◆ If your child kicks, struggles, and bites, it will be hard to do any work and someone might get hurt.

**Dr. Targ's Sedation Eliminates All of These Problems.**

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## **Comparison Table**

### **Oral Sedation by a Dentist Versus Deep Sedation by a Physician**

Sedation Type	Safety	Failure	Number of Appointments	Memory	Pain	Shots	Filling Quality	Cost (\$)	Medical Insurance
Oral	D.D.S.	50%	1 - 8	50%	?	1 - 20	?	250 - 2000	Never Pays
Dr. Targ	M.D.	0	1	0	0	0	100%	860 +	Often Pays

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## **Advantages of Having Dental Work Completed with Your Child Sedated by an Anesthesiologist**

### **Safe**

- ◆ Alex Targ, M.D. completed a four year specialized anesthesia training program after medical school and is certified by the American Board of Anesthesiology (Board Certified Anesthesiologist).
- ◆ Active Staff Member at O'Connor Hospital, San Jose.
- ◆ Specializes in pediatric patients (800 pediatric cases/year under age 6).
- ◆ Relationship with this office for several years.
- ◆ Dr. Targ is a father of three young daughters.
- ◆ Your child is fully monitored for safety exactly like in the hospital.
- ◆ All emergency medications and equipment are immediately available.
- ◆ Dr. Targ stays in your child's presence for the entire duration of the procedure.
- ◆ With your child asleep, the dentist usually does not need to use local anesthesia (no shot and no risk of your child unwittingly biting a numb cheek on the way home).
- ◆ You will be present as your child is sedated and afterwards as your child wakes up.

### **Convenient**

- ◆ Only one visit will be needed.
- ◆ Induction technique does not involve an injection or drink, just a few breaths of a gas.
- ◆ No pre-procedure trip to the pediatrician to get "clearance" is needed since Dr. Targ does a complete evaluation by telephone and on the day of the procedure.
- ◆ Faster recovery than oral sedation.

### **Affordable**

- ◆ Dr. Targ's fees are among the most affordable in the Bay Area and may be covered by your medical insurance.
- ◆ Local hospitals charge patients a "Facility Fee" (often \$8,000/hour) for dental sedation in their operating rooms.
- ◆ You will avoid needing to pay the dentist to repeatedly give your child nitrous oxide and/or oral sedation (costs not usually covered by dental insurance).

### **Efficient**

- ◆ With your child asleep, the dentist can concentrate on the procedure rather than behavior management.
- ◆ Completing the dental work will be faster and more effectively accomplished.
- ◆ The dentist will be able to take X-rays (without which he or she would only be guessing at the extent of the decay).
- ◆ A white filling (composite) can only be placed if your child cooperates because the tooth must be kept perfectly dry.
- ◆ By avoiding the creation of traumatic, permanent, scary memories about the dental visit, anxiety associated with future visits for X-rays and preventive dental treatments will be minimized.

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## What to Expect

There is no need to give an injection to start the sedation. Your child will fall asleep in your lap and remember nothing after just one breath of sleeping gas. Children are willing to breathe the gas because it smells like bubble gum and because they are prepared for a good experience.

## WELCOME TO MY MOBILE NORTH POLE!

First, they play with a fun, sparking, spinning toy.



Then, they practice blowing into the pink donut which makes a whistling sound.



Then, they walk to the anesthesia room and look at the big cookie and the giant candy cane.



Then, they “put the sparkling frosting on the cookie.”



Finally, they blow into the pink donut, inflate the blue balloon, and fall asleep.

